



CONTEMPLATIVE WORSHIP: Space to Experience Ourselves in God

8:45 a.m. ~~ June 17, 2018 ~~ Ordinary Time

*If we want to be anything other than what God has made us to be, we are wasting our time. It will not work.
The greatest accomplishment in life is to be what we are, which is God's idea of what he wanted us to be
when he brought us into being; and no ideas of ours will ever change it. (Fr. Thomas Keating)*

Entering Worship Intentionally

- This morning, I come into worship just as I am. I consider my morning as it has unfolded...how I felt on waking...what I have had to eat or drink...the clothing I selected...what I brought in my pockets or handbag...the transportation that brought me here...
- Also, I consider the other aspects of my life this morning . . . my mind and what I think . . . my heart and what I feel . . . my spirit and how it seems animated (or not) by God's Spirit . . . my soul and how it feels connected (or not) to God as the Center of life.
- I whisper a single word, phrase, or sentence as my own prayer for entering worship intentionally this morning.

Opening Ourselves to God

"The Lord Is Here"

*The Lord is here in this place today, reach out, reach out to Him
The Lord is near in this place today, reach out, reach out to Him
Taste of His goodness, dwell in His rest
Know that He loves you, know you are blessed
The Lord is here, the Lord is near, reach out, reach out to Him*

The Morning Psalm

Psalm 71:5, 6, 8, 9, 12, 14, 15, 21

*You are my hope, O Lord, my confidence in every season of life.
I have been sustained by you ever since I was born;
from my mother's womb you have been my strength; my praise shall be always of you.
Let my mouth be full of your praise and your glory all the day long.
Do not cast me off in my old age; forsake me not when my strength fails.
O God, be not far from me; come quickly to help me, O my God.
But I shall always wait in patience, and shall praise you more and more.
My mouth shall recount your mighty acts and saving deeds all day long; though I cannot number them.
You strengthen me more and more; you enfold and comfort me.*

Prayers for Others in Every Season of Life

- *For infants who are just coming into the world ...*
- *For children who are growing and discovering...*
- *For teenagers who are navigating the world in new ways...*
- *For adults who seek their place in the world and offer their gifts for the common good...*

Sitting Quietly with the Morning Gospel

Luke 9:3

Jesus told them: "Take nothing for the journey – no staff, no bag, no bread, no money, no extra shirt."

My Extra Shirt

God's Assurance of Presence

"Don't Be Afraid"

*Don't be afraid. My love is stronger,
my love is stronger than your fear.
Don't be afraid. My love is stronger,
and I have promised, promised to be always near.*

Offering Ourselves in Prayer

Response: *We take nothing for the journey, not even an extra shirt.*

Offering Ourselves in Song

"I am Loved"

I am not who I was, I am not who I will be.

I am loved.

I am not what I've done, I am not what I will do.

I am loved.

I am beautifully broken, through my darkness shines your light.

I am loved.

Holy Communion

We come to your Table, Jesus, not as we should be . . . or as we ought to be . . . or as we might have been

We are here, just as we are, with our real lives and our experiences, offered to you for healing and your use.

By the grace of God, I am who I am. Amen.

We each bring our uniqueness to you. We bring our gifts and strengths . . . and we bring our weakness and brokenness, the way we have failed and have yet to grow into our fullness...Receive us, God.

By the grace of God, I am who I am. Amen.

Send your Spirit upon this Table, that this Bread and Cup become for us the life of Christ. And send your Spirit upon us, that we would receive this common bread and common cup as the Body and Blood of Christ.

By the grace of God, I am who I am. Amen.

Animate and empower our lives as we spend ourselves in the world for your sake. Give us discernment to live well the life you have given us. And breathe your life into the world through us, as we go in your name.

By the grace of God, I am who I am. Amen.

Communion Song

"The Power of Your Love"

Lord, I come to You, let my heart be changed, renewed

Flowing from the grace I've found in You

And Lord, I've come to know, the weaknesses I see in me

Will be stripped away, by the pow'r of Your love.

Hold me close, let Your love surround me

Bring me near, draw me to Your side

And as I wait, I'll rise up like the eagle

And I will soar with You, Your Spirit leads me on

In the pow'r of Your love.

Lord, unveil my eyes, let me see You face to face

The knowledge of Your love as You live in me.

And Lord, renew my mind, as Your will unfolds in my life

In living every day by the pow'r of your love.

Considering God's Invitation (in silence)

Colossians 3:12

As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience.

- What invitation from God do I sense in my spirit this morning?

Sung Benediction

"Nunc Dimittis"

Let your servant now go in peace, O Lord; Now go in peace according to your Word.

*Please note your attendance at the foyer sign-in sheets. You may place offerings & prayer requests in the basket at the rear of the Chapel.

**See the weekly update at the foyer table for additional upcoming offerings from The Center for Christian Spirituality.

